

# Tower One/Tower East Event Calendar

## May 7 – May 13 2017

### May Café Specials:

**Lunch:** Fettuccine Alfredo with choice of Fries, Fruit, OR Salad...\$5.00

**Dessert:** Blueberry Pie...\$2.25

### Sunday, May 7

2:00 pm	<p>Movie and Review with Jim Brochin:</p> <p><b>“Whale Rider”</b></p> <p>T/E Meeting Room</p>	<p>(2002) (101 min) PG-13, Family, Drama Starring: Keisha Castle-Hughes, Vicky Haughton</p> <p>A contemporary story of a young Maori girl fights to fulfill a destiny her grandfather refuses to recognize.</p>
7:00 pm	<p>Evening Movie:</p> <p><b>“Testament of Youth”</b></p> <p>T/E Meeting Room</p>	<p>(2014) (129 min) PG-13, Biography, Drama Starring: Alicia Vikander, Taron Egerton, Colin Morgan, Dominic West</p> <p>A British woman recalls coming of age during WWI – a story of love, the futility of war, and how to make sense of the darkest times.</p>

### Monday, May 8 Happy Birthday Richard Allen!!

9:30 am	Wii Bowling	T/E Meeting Room
10:30 am	Chair Exercises	T/O Private Dining Room
11:30 am	Let it Shine	T/E Meeting Room
1:00 pm	Relax and Rejuvenate	T/O Private Dining Room
1:00 pm	Nails To Go	T/E Lobby
1:00 pm	Changing Times with Betsy Stern	T/E Meeting Room
2:00 pm	Yiddish Group	T/E Meeting Room
7:00 pm	<p>Evening Movie:</p> <p><b>“A Serious Man”</b></p> <p>T/E Meeting Room</p>	<p>(2009) (106 min) R, Comedy, Drama Starring: Michael Stuhlbarg, Richard Kind</p> <p>A Midwestern physics teacher watches his life unravel over multiple sudden incidents.</p>

### Tuesday, May 9 Happy Birthday Kathryn Ford!!

11:15 am	Free Hearing Clinic with Dr. Horowitz	T/O Clinic
11:00 am	Charm Medical presentation	T/E Meeting Room
1:00 pm	Arthritis Exercise	T/E Meeting Room
2:00 pm	Knitting Group	T/O 20 <sup>th</sup> Floor Lobby
7:00 pm	<p><b>“The Age of Love”</b></p> <p>Film Presentation and Discussion with the Director</p> <p>T/O Dining Room</p>	<p>(2014) (79 min) Documentary, Romance</p> <p>The announcement of a first-of-its-kind Speed Dating event exclusively for 70 to 90-year-olds spurs a diverse group of seniors to take stock of aging bodies and still-hopeful hearts.</p>

# Wednesday, May 10

## Happy Birthday Manny Pagan!!

10:30 am	<b>Chef Spotlight: \$4.99 Waffle Bar with Toppings and Juice</b>	T/O Café
10:45 am	<b>Towers Chorus Rehearsal</b>	T/E Meeting Room
11:00 am	<b>Current Events with Stuart Smith ***New Program***</b>	T/O Private Dining Room
11:45 am	<b>Gardening Club</b>	T/E Courtyard (weather permitting) In case of rain: T/O Dining Room
2:30 pm	<b>Bingo</b>	T/E Meeting Room
7:00 pm	<b>Evening Movie: “Into the Woods” T/E Meeting Room</b>	(2014) (125 min) PG, Musical, Comedy Starring: Meryl Streep, Emily Blunt, James Corden <b>A witch tasks a childless baker and his wife with gathering items from classic fairy tales to reverse a family curse.</b>

## Thursday, May 11

10:30 am	<b>Art Class with Briah</b>	T/O 20 <sup>th</sup> Floor Lobby
1:00 pm	<b>Arthritis Exercise</b>	T/E Meeting Room
2:30 pm	<b>Memorial Service</b>	T/E Meeting Room
4:00 pm	<b>Gospel Choir Rehearsal</b>	T/E Meeting Room
7:00 pm	<b>Hillhouse Opera Company</b>	T/O Private Dining Room

## Friday, May 12

9:30 am	<b>Wii Bowling</b>	T/E Meeting Room
11:00 am	<b>Chair Exercise</b>	T/O Private Dining Room
11:00 am	<b>Christian Bible Study</b>	T/E Meeting Room
1:00 pm	<b>Create-a-Word</b>	T/O 20 <sup>th</sup> Floor Lobby
2:00 pm	<b>Yoga and Weight Training with Debbie</b>	T/O Private Dining Room
2:00 pm	<b>Tai Chi for Men</b>	T/E Meeting Room
3:00 pm	<b>Tai Chi for Women</b>	T/E Meeting Room
5:30 pm	<b>Dominoes</b>	T/E Lobby
7:00 pm	<b>Shabbat Service with Ruthie</b>	Synagogue

## Saturday, May 13

10:00 am	<b>Shabbat Service with Ruthie</b>	Synagogue
10:00 am	<b>Dennis Gentle Watercolor Demo</b>	T/O Lobby
1:00 pm	<b>Bridge Game</b>	T/O Dining Room
2:00 pm	<b>Afternoon Movie: “Seabiscuit” T/E Meeting Room</b>	(2003) (140 min) PG-13, Drama, Sports, History Starring: Jeff Bridges, Tobey Maguire <b>True story of the undersized Depression-era racehorse whose victories lifted the spirits of its team and their nation.</b>
7:00 pm	<b>Bingo</b>	T/O Dining Room

## Shopping Bus Schedule & Hours

<b>Stop &amp; Shop – East Haven</b>	Tuesday 9:30 am
<b>Stop &amp; Shop – Hamden</b>	Thursday 9:30 am & Friday 9:30 am
<b>Gift Shop Hours</b>	Monday thru Friday: 1:00 – 3:30 pm
<b>Towers Hair Salon Hours</b>	Tuesday thru Friday: 9:00 am – 3:30 pm
<b>Café Hours</b>	Sun - Fri: 8:00 am – 1:30 pm; Sat: 9:00 am – 1:00 pm & 4:00 pm – 6:00 pm
<b>Convenience Store Hours</b>	Sun - Fri: 11:00 am – 3:30 pm; Sat: 12:00 pm – 3:30 pm & 4:00 pm – 6:00 pm
<b>Bank Hours</b>	Tuesdays and Thursdays: 9:00 am – 11:00 am