

Tower One/Tower East Event Calendar

July 30 – August 5 2017

\$4.99 Weekly Breakfast Special

Sunday – Friday 8:00 – 10:00 am Saturday 9:00 – 11:00 am

Eggs w/ choice of 1/2 Waffle or 1 Slice of French Toast, Home Fries, & Coffee or Juice

Sunday, July 30

7:00 pm	Evening Movie: “The Buddy Holly Story”	T/E Meeting Room 1978, 114 min, PG Biography, Music, Drama
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Monday, July 31

9:30 am	Wii Bowling	T/E Meeting Room
10:30 am	Chair Exercises	T/O Private Dining Room
11:30 am	Let It Shine	T/E Meeting Room
12:45 pm	Changing Times	T/E Meeting Room
1:00 pm	Manicures by Jennie	T/E Lobby
1:00 pm	Relax & Rejuvenate	T/O Private Dining Room
2:00 pm	Yiddish Group	T/E Meeting Room
7:00 pm	Tisha B’Av Service	T/O Private Dining Room
7:00 pm	Evening Movie: “Matchstick Men”	T/E Meeting Room 2003, 116 min, PG-13 Comedy, Crime

Tuesday, August 1

10:00 am	Chair Massage by Leo	T/E Lobby
10:30 am	Current Events with Stuart Smith	T/O Private Dining Room
12:00 pm	The PT is In	T/O Café
1:00 pm	Arthritis Exercise	T/E Meeting Room
2:00 pm	Knitting Group	T/O 20 th Floor Lobby
3:30 pm	Rabbi Scolnic: B’Nai Mitzvah Class	T/E Meeting Room
7:00 pm	The Jassmen entertain	T/E Courtyard (weather permitting). If weather is poor, T/O Dining Room

Wednesday, August 2 Happy Birthday Shaniqua Best!!

10:30 am	Chef Center Stage: \$4.99 Wings Bar with Chips & Drink	T/O Dining Room
12:30 pm	Catholic Mass	T/O Private Dining Room
2:30 pm	Bingo	T/E Meeting Room
7:00 pm	Hearts and Harmony entertain	T/E Meeting Room

Thursday, August 3

10:30 am	Art Class	T/O 20 th Floor Lobby
1:00 pm	Arthritis Exercise	T/E Meeting Room
4:00 pm	Gospel Choir Rehearsal	T/E Meeting Room
7:00 pm	Evening Movie: “The Fugitive”	T/E Meeting Room 1993, 130 min, PG-13 Action, Crime, Drama

Friday, August 4

9:30 am	Wii Bowling	T/E Meeting Room
10:00 am	Hamden Shopping Trip	Cost: \$2 Sign up at Business Office.
11:00 am	Christian Bible Study	T/E Meeting Room
11:00 am	Chair Exercise	T/O Private Dining Room
1:00 pm	Create-a-Word	T/O Private Dining Room
1:45 pm	Yoga and Weight Training with Debbie	T/O Dining Room
2:00 pm	Tai Chi for Men	T/E Meeting Room
3:00 pm	Tai Chi for Women	T/E Meeting Room
3:00 pm	Trivia	T/O Private Dining Room
5:30 pm	Dominoes	T/E Lobby
7:00 pm	Shabbat Service with Ruthie Greenblatt	Synagogue

Saturday, August 5

10:00 am	Shabbat Service with Ruthie Greenblatt	Synagogue
1:00 pm	Bridge Game	T/O Dining Room
2:00 pm	Dennis Gentle Watercolor Demo	T/O Lobby
2:00 pm	Afternoon Movie: “Sparkle”	T/E Meeting Room 1976, 98 min, PG Music, Drama
7:00 pm	Bingo	T/O Dining Room
7:00 pm	Evening Movie: “Follow the Fleet”	T/E Meeting Room 1936, 110 min Comedy, Musical, Romance

Shopping Bus Schedule & Hours

Stop & Shop – East Haven	Tuesday 10:00 am (Summer Schedule)
Stop & Shop – Hamden	Thursday 10:00 am & Friday 10:00 am (Summer Schedule)
Gift Shop Hours	Monday thru Friday: 1:00 – 3:30 pm
Towers Hair Salon Hours	Tuesday thru Friday: 9:00 am - 3:30 pm
Café Hours	Sun - Fri: 8:00 am – 1:30 pm; Sat: 9:00 am – 1:00 pm & 4:00 pm – 6:00 pm
Convenience Store Hours	Sun - Fri: 11:00 am – 3:30 pm; Sat: 12:00 pm – 3:30 pm & 4:00 pm – 6:00 pm
Bank Hours	Tuesdays and Thursdays: 9:00 am – 11:00 am