

Tower One/Tower East Event Calendar

October 8th – October 14th 2017

\$4.99 Weekly Breakfast Special

Sunday – Friday 8:00 – 10:00 am

Saturday 9:00 – 11:00 am

Eggs w/ choice of 1/2 Waffle or 1 Slice of French Toast, Home Fries, & Coffee or Juice

Sunday, October 8

7:00pm	Evening Movie: “Mrs. Henderson Presents”	T/E Meeting Room PG,1hr 56 min, Comedy/Romance
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Monday, October 9

9:30 am	Wii Bowling	T/E Meeting Room
10:00 am	Hamden Shopping	Business Office
10:30am	Chair Exercises	T/O Private Dining Room
11:30 am	Let It Shine	T/E Meeting Room
1:00 pm	Nails To Go	T/E Lobby
1:00 pm	Relax & Rejuvenate	T/O Private Dining Room
2:00 pm	Yiddish Group	T/E Meeting Room
7:00 pm	Evening Movie: “Rowan and Martin’s Laugh-In”	T/E Meeting Room PG,1h, Comedy, 1969

Tuesday, October 10

10:00am	Chair Massage with Leo	T/E Lobby
10:30 am	Current Events with Stuart Smith	T/O Private Dining Room
1:00 pm	Arthritis Exercise	T/E Meeting Room
2:00 pm	Knitting Group	T/O 20 th Floor Lobby
7:00pm	Evening Movie: The Queen’s Sister	T/E Meeting Room PG 13 1h 36 min, Drama, 2005

Wednesday, October 11

10:45 am	Tower’s Chorus	T/E Meeting Room
11:30 am	Chef Center Stage: \$5.00 Cheese Pirogues	T/O Dining Room
12:30	Catholic Mass	T/O Private Dining
2:30 pm	Bingo	T/E Meeting Room
4:15pm	Rabbi Wainhaus Sukkot Celebration	T/E Courtyard (If poor weather, TE Lobby)
7:00pm	Evening Movie: “Back to the Future”	T/E Meeting Room PG 1h 56 min, Adventure, 1985

Thursday, October 12

9:30 am	Shemini Atzeret w/ Yizkor	Towers Synagogue
10:30am	Art Class	T/O 20 th Floor
4:00pm	Gospel Choir Rehearsal	T/E Meeting Room

Friday, October 13

9:30 am	Simchat Torah Services	Towers Synagogue
11:00 am	Chair Exercise	T/O Dining Room
1:00pm	Create-a-Word	T/O Private Dining Room
2:00pm	Tai Chi for Men	T/E Meeting Room
3:00pm	Tai Chi for Women	T/E Meeting Room
3:00pm	Trivia	T/O Private Dining Room
5:30pm	Dominoes	T/E Lobby
7:00 pm	Shabbat Service with Ruthie Greenblatt	Towers Synagogue

Saturday, October 14

10:00 am	Shabbat Service with Ruthie Greenblatt	Towers Synagogue
1:00 pm	Bridge Game	T/O Dining Room
2:00 pm	Dennis Gentle Watercolor Demo	T/O Lobby
2:00pm	Afternoon Movie: Sing	T/E Meeting Room PG 1h 48 min, Animation, 2016
7:00 pm	Bingo	T/O Dining Room
7:00pm	Evening Movie: “ The Letters”	T/E Meeting Room PG 1h 42 min, Drama, 2014

Shopping Bus Schedule & Hours

Stop & Shop – East Haven	Tuesday 10:00 am (Summer Schedule)
Stop & Shop – Hamden	Thursday 10:00 am & Friday 10:00 am (Summer Schedule)
Gift Shop Hours	Monday thru Friday: 1:00 – 3:30 pm
Towers Hair Salon Hours	Tuesday thru Friday: 9:00 am - 3:30 pm
Café Hours	Sun - Fri: 8:00 am – 1:30 pm; Sat: 9:00 am – 1:00 pm & 4:00 pm – 6:00 pm
Convenience Store Hours	Sun - Fri: 11:00 am – 3:30 pm; Sat: 12:00 pm – 3:30 pm & 4:00 pm – 6:00 pm
Bank Hours	Tuesdays and Thursdays: 9:00 am – 11:00 am