

Tower One/Tower East Event Calendar

November 26th – December 2nd

\$4.99 Weekly Breakfast Special

Sunday – Friday 8:00 – 10:00 am Saturday 9:00 – 11:00 am

Eggs w/ choice of 1/2 Waffle or 1 Slice of French Toast, Home Fries, & Coffee or Juice

Sunday, November 26

2:00 pm	Karen Wagner Performs	Dining Room
7:00 pm	“Dirty Rotten Scoundrels”	T/E Meeting Room 1988 110 min. Comedy/Crime

Monday, November 27

9:30 am	Wii Bowling	T/E Meeting Room
10:30 am	Chair Exercises	Private Dining Room
11:30 am	Let It Shine	T/E Meeting Room
1:00 pm	Nails to Go	T/E Lobby
1:00 pm	Relax & Rejuvenate	Private Dining Room
2:00 pm	Yiddish Group	T/E Meeting Room
7:00 pm	“Here Comes Mr. Jordan”	1941 93 min. Fantasy/Comedy/Romance

Tuesday, November 28

10:00 am	Coffee Klatch	T/E Meeting Room
10:30 am	Current Events	Private Dining Room
10:30 am	Hearing Clinic	Towers Clinic
12:30 pm	Blood Pressure Clinic	T/E Meeting Room
1:00 pm	Arthritis Exercise	T/E Meeting Room
2:00 pm	Knitting Group	T/O 20 th Floor Lobby
3:30 pm	B’nai Mitzvah Class	T/E Meeting Room
7:00 pm	“Coco Chanel”	T/E Meeting Room 2008 PG 139 min. Bio/Drama

Wednesday, November 29

10:45 am	Chorus Rehearsal	T/E Meeting Room
11:30 am	Chef’s Center Stage- General Tso’s Chicken	Dining Room
2:30 pm	Bingo	T/E Meeting Room
7:00 pm	Fantastic Beasts and Where to Find Them	TE Meeting Room 2016 PG-13 Adventure/Family/Fantasy

Thursday, November 30

11:00 am	Art Class	T/O 20 th Floor
1:00 pm	Arthritis Exercise	T/E Meeting Room
7:00 pm	Tenant Council Meeting	T/E Meeting Room

Friday, December 1

9:30 am	Wii Bowling	T/E Meeting Room
11:00 am	Chair Exercise	Private Dining Room
11:00 am	Christian Bible Study	T/E Meeting Room
1:00 pm	Create-a-Word	Private Dining Room
1:45 pm	Yoga, Balance, and Weight Training	Dining Room
2:00 pm	Tai Chi for Men	T/E Meeting Room
3:00 pm	Tai Chi for Women	T/E Meeting Room
2:45 pm	Trivia	Private Dining Room
5:30 pm	Dominoes	T/E Lobby
7:00 pm	Shabbat Service w/ Ruthie Greenblatt	Towers Synagogue

Saturday, December 2

10:00 am	Shabbat Service w/ Ruthie Greenblatt	Towers Synagogue
1:00 pm	Bridge Game	Dining Room
2:00 pm	Dennis Gentle Watercolor Demo	T/O Lobby
2:00 pm	“College Humor”	T/E Meeting Room 1933 80 min. Comedy
7:00 pm	Evening Movie	T/E Meeting Room
7:00 pm	Bingo	Dining Room

Shopping Bus Schedule & Hours

Stop & Shop – East Haven	Tuesday 10:00 am
Stop & Shop – Hamden	Thursday 10:00 am & Friday 10:00 am
Gift Shop Hours	Monday thru Friday: 1:00 – 3:30 pm
Towers Hair Salon Hours	Tuesday thru Friday: 9:00 am - 3:30 pm
Café Hours	Sun - Fri: 8:00 am – 1:30 pm; Sat: 9:00 am – 1:00 pm & 4:00 pm – 6:00 pm
Convenience Store Hours	Sun - Fri: 11:00 am – 3:30 pm; Sat: 12:00 pm – 3:30 pm & 4:00 pm – 6:00 pm
Bank Hours	Tuesdays and Thursdays: 9:00 am – 11:00 am