

Tower One/Tower East Event Calendar

December 3 – December 9

\$4.99 Weekly Breakfast Special

Sunday – Friday 8:00 – 10:00 am Saturday 9:00 – 11:00 am

Eggs w/ choice of 1/2 Waffle or 1 Slice of French Toast, Home Fries, & Coffee or Juice

Sunday, December 3

7:00 pm	“Murder On the Orient Express”	T/E Meeting Room 128 min Crime, Drama, Mystery
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Monday, December 4

9:30 am	Wii Bowling	T/E Meeting Room
10:30 am	Chair Exercises	Private Dining Room
11:30 am	Let It Shine	T/E Meeting Room
1:00 pm	Manicures with Jenny	T/E Lobby
1:00 pm	Relax & Rejuvenate	Private Dining Room
2:00 pm	Yiddish Group	T/E Meeting Room
7:00 pm	“Little Women”	T/E Meeting Room 115 min. Drama, Family, Romance

Tuesday, December 5

10:30 am	Current Events	Private Dining Room
1:00 pm	Arthritis Exercise	T/E Meeting Room
2:00 pm	Knitting Group	T/O 20 th Floor Lobby
7:00 pm	“Splash”	T/E Meeting Room 151 min Comedy, Fantasy, Romance

Wednesday, December 6

10:45 am	Chorus Rehearsal	T/E Meeting Room
11:30 am	Chef’s Center Stage- Mookie’s Burger Bar	Dining Room
2:30 pm	Bingo	T/E Meeting Room
4:00 pm	Monthly Drug Collection	T/E Lobby
7:00 pm	“Koch”	TE Meeting Room 95 min. Biography

Thursday, December 7

11:00 am	Art Class	T/O 20 th Floor
1:00 pm	Arthritis Exercise	T/E Meeting Room
4:00 pm	Gospel Choir	T/E Meeting Room
7:00 pm	Joyce Saltman: The Best New Jokes	T/E Meeting Room

Friday, December 8

9:30 am	Wii Bowling	T/E Meeting Room
10:00 am	Hamden Shopping Trip	Leaves from Tower One
11:00 am	Chair Exercise	Private Dining Room
11:00 am	Christian Bible Study	T/E Meeting Room
1:00 pm	Create-a-Word	Private Dining Room
1:45 pm	Yoga, Balance, and Weight Training	Dining Room
2:00 pm	Tai Chi for Men	T/E Meeting Room
3:00 pm	Tai Chi for Women	T/E Meeting Room
2:45 pm	Trivia	Private Dining Room
5:30 pm	Dominoes	T/E Lobby
7:00 pm	Shabbat Service w/ Ruthie Greenblatt	Towers Synagogue

Saturday, December 9

10:00 am	Shabbat Service w/ Shoshana	Towers Synagogue
1:00 pm	Bridge Game	Dining Room
2:00 pm	“Camelot”	T/E Meeting Room Adventure, Fantasy, 3 hours Musical
2:00 pm	Dennis Gentle Watercolor Demo	T/O Lobby
7:00 pm	“Broadway Melody of 1940”	T/E Meeting Room 102 min. Musical
7:00 pm	Bingo	Dining Room

Shopping Bus Schedule & Hours

Stop & Shop – East Haven	Tuesday 10:00 am
Stop & Shop – Hamden	Thursday 10:00 am & Friday 10:00 am
Gift Shop Hours	Monday thru Friday: 1:00 – 3:30 pm
Towers Hair Salon Hours	Tuesday thru Friday: 9:00 am - 3:30 pm
Café Hours	Sun - Fri: 8:00 am – 1:30 pm; Sat: 9:00 am – 1:00 pm & 4:00 pm – 6:00 pm
Convenience Store Hours	Sun - Fri: 11:00 am – 3:30 pm; Sat: 12:00 pm – 3:30 pm & 4:00 pm – 6:00 pm
Bank Hours	Tuesdays and Thursdays: 9:00 am – 11:00 am