

The Towers Event Calendar

September 10 – September 16

\$4.99 Weekly Breakfast Special

Sunday – Friday 8:00 – 10:00 am Saturday 9:00 – 11:00 am
Eggs w/ choice of 1/2 Waffle or 1 Slice of French Toast,
Home Fries, & Coffee or Juice

Monday, September 10th

9:30 am	Rosh Hashana Services	Towers Synagogue
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Tuesday, September 11th

9:30 am	Rosh Hashana Services	Towers Synagogue
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10:30 am	Seamstress	Tower One Clinic
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2:00 pm	Knitting Group	Library
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7:00 pm	Movie “Kotch”	Meeting Room
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Wednesday, September 12th

10:45 am	Tower’s Chorus Rehearsal	Meeting Room
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11:30 am	Chef Center Stage: Grill	Courtyard or Dining Room
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2:30 pm	Bingo	Meeting Room
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3:30 pm	Open Planning: Learn and Help	Tower East Lobby
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7:00 pm	Special Program with Joyce Saltman	Meeting Room
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Thursday, September 13th

10:30 am	Art Class	Courtyard or T/O 20 th Floor
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11:00 am	Special 45 minute Dementia Friendly Kol Nidre Service	Towers Synagogue
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1:00 pm	Exercise Class	Meeting Room
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2:00 pm	Walk and Talk with Pat	Dining Room
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2:30 pm	Memorial Service	Meeting Room
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4:00 pm	Gospel Choir Rehearsal	Meeting Room
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7:00 pm	Movie “Woody Allen’s Radio Days”	Meeting Room
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Friday, September 14th

9:30 am	Wii Bowling	Meeting Room
11:00 am	Chair Exercise	Private Dining Room
11:00 am	Christian Bible Study	Meeting Room
1:00 pm	Create-a-Word	Private Dining Room
1:45 pm	Yoga, Balance and Strength with Debby	Dining Room
2:00 pm	Tai Chi for Men	Meeting Room
2:45 pm	Trivia	Private Dining Room
3:00 pm	Tai Chi for Women	Meeting Room
5:30 pm	Dominoes	Tower East Lobby
7:00 pm	Shabbat Service with Ruthie Greenblatt	Towers Synagogue

Saturday, September 15th

10:00 am	Shabbat Service with Ruthie Greenblatt	Towers Synagogue
1:00 pm	Bridge Game	Dining Room
2:00 pm	Movie “Miss You Already”	Meeting Room
7:00 pm	Bingo	Dining Room
7:00 pm	Movie “Tony Bennett Duets II”	Meeting Room

Sunday, September 16th

1:30 pm	Kever Avot Program at the Holocaust Memorial	Transportation leaves from Tower One entrance
2:00 pm	Movie “Argo”	Meeting Room
7:00 pm	Movie and Review with Jim Brochin “Say Anything”	Meeting Room

Stop & Shop – East Haven	Tuesday 10:00 am
Stop & Shop – Hamden	Thursday 10:00 am & Friday 10:00 am
Gift Shop Hours	Monday thru Friday: 1:00 – 3:30 pm
Towers Hair Salon Hours	Tuesday thru Friday: 9:00 am - 3:30 pm
Café Hours	Sun - Fri: 8:00 am – 1:30 pm; Sat: 9:00 am – 1:00 pm & 4:00 pm – 6:00 pm
Convenience Store Hours	Monday - Thursday 11:00 am – 3:30 pm Friday 11:00 am – 5:00 pm
Bank Hours	Tuesdays and Thursdays: 9:00 am – 11:00 am