

# Tower One/Tower East Event Calendar

November 5 – November 11, 2018

\$4.99 Weekly Breakfast Special

Sunday – Friday 8:00 – 10:00 am Saturday 9:00 – 11:00 am  
Eggs w/ choice of 1/2 Waffle or 1 Slice of French Toast,  
Home Fries, & Coffee or Juice

## Monday, Nov 5

|          |                               |                     |
|----------|-------------------------------|---------------------|
| 9:30 am  | Wii Bowling                   | Meeting Room        |
| 10:30 am | Chair Exercises               | Private Dining Room |
| 11:30 am | Let It Shine                  | Meeting Room        |
| 1:00 pm  | Book Group with Betsy Stern   | Meeting Room        |
| 1:00 pm  | Manicures with Jennie         | T/E Lobby           |
| 1:00 pm  | Relax and Rejuvenate          | Private Dining Room |
| 2:00 pm  | Yiddish Group                 | Meeting Room        |
| 7:00 pm  | An Evening with Joyce Saltman | Meeting Room        |

## Tuesday, Nov 6 Election Day

|          |                                      |                     |
|----------|--------------------------------------|---------------------|
| 10:00 am | Current Events with Stuart Smith     | Private Dining Room |
| 11:00 am | Community Chats with Gus             | Main Dining Room    |
| 1:00 pm  | Exercise                             | Meeting Room        |
| 4:00 pm  | Monthly Drug Collection for Disposal | TE Lobby            |
| 7:00 pm  | Movie "Churchill"                    | Meeting Room        |

## Wednesday, Nov 7

|          |                                    |                                  |
|----------|------------------------------------|----------------------------------|
| 10:45 am | Tower's Chorus Rehearsal           | Meeting Room                     |
| 11:30pm  | Chef Center Stage- Tacos           | Towers Cafe                      |
| 1:00 pm  | Memoir Writing                     | Tower One 20 <sup>th</sup> floor |
| 2:30 pm  | Bingo                              | Meeting Room                     |
| 3:00 pm  | Plarning- Learn and Help           | T/E Lobby                        |
| 3:30 pm  | Pre- Show Symphony visit           | Private Dining Room              |
| 7:00 pm  | Movie "Mr. Hobbs takes a Vacation" | TE Meeting Room                  |

## Thursday, Nov 8

|          |                                   |                            |
|----------|-----------------------------------|----------------------------|
| 10:00 am | Hamden Plaza Shopping Trip        | RSVP x 280 \$2.00 fee      |
| 10:30 am | Art Class with Briah              | T/O 20 <sup>th</sup> Floor |
| 10:45 am | Senior Day at the J- Free Program | Out Trip- RSVP x280        |
| 1:00 pm  | Exercise Class                    | Meeting Room               |

## Thursday, Nov 8

|         |   |                    |
|---------|---|--------------------|
| 2:00 pm | Walk and Talk with Pat                  | Main Dining Room   |
| 6:45pm  | The New Haven Symphony                  | Out-Trip RSVP x280 |
| 7:00 pm | Movie "Love is a many Splendored Thing" | Meeting Room       |

## Friday, Nov 9

|          |  |                         |
|----------|--|-------------------------|
| 10:00 am | Veteran's Day Brunch                   | Meeting Room            |
| 12:30 pm | Veteran's Day Chorus Rehearsal         | Main Dining Room        |
| 1:00 pm  | Veteran's Day Concert                  | Main Dining Room        |
| 2:45 pm  | Trivia                                 | T/O Private Dining Room |
| 5:30 pm  | Dominoes                               | T/E Lobby               |
| 7:00 pm  | Shabbat Service with Ruthie Greenblatt | Towers Synagogue        |

## Saturday, Nov 10

|          |  |                  |
|----------|--|------------------|
| 10:00 am | Shabbat Service with Ruthie Greenblatt | Towers Synagogue |
| 1:00 pm  | Bridge Game                            | Dining Room      |
| 2:00 pm  | Movie "Dunkirk"                        | Meeting Room     |
| 7:00 pm  | Bingo                                  | Dining Room      |
| 7:00 pm  | Movie "Humor Me"                       | Meeting Room     |

## Sunday, Nov 11- Veteran's Day

|         |   |              |
|---------|---|--------------|
| 2:00 pm | Movie "Who the *%\$#\$ is Jackson Pollack?"                     | Meeting Room |
| 7:00 pm | Movie and Review with Jim Brochin featuring "Kramer vs. Kramer" | Meeting Room |

## Shopping Bus Schedule & Hours

|                          |   |
|--------------------------|---|
| Stop & Shop – East Haven | Tuesday 10:00 am  |
| Stop & Shop – Hamden     | Thursday 10:00 am & Friday 10:00 am   |
| Gift Shop Hours          | Monday thru Friday: 1:00 – 3:30 pm  |
| Towers Hair Salon Hours  | Tuesday thru Friday: 9:00 am - 3:30 pm                                      |
| Café Hours               | Sun - Fri: 8:00 am – 1:30 pm;<br>Sat: 9:00 am – 1:00 pm & 4:00 pm – 6:00 pm |
| Convenience Store Hours  | Sun - Thurs: 11:00 am – 3:30 pm;<br>Friday: 11: am – 5:00 pm                |
| Bank Hours               | Tuesdays and Thursdays: 9:00 am – 11:00 am                                  |