

Tower One/Tower East Event Calendar

February 12 – February 18

\$4.99 Weekly Breakfast Special

Sunday – Friday 8:00 – 10:00 am Saturday 9:00 – 11:00 am

Eggs w/ choice of 1/2 Waffle or 1 Slice of French Toast,
Home Fries, & Coffee or Juice

Monday, February 12

9:30 am	Wii Bowling	T/E Meeting Room
10:30 am	Chair Exercises	Private Dining Room
11:30 am	Let It Shine	T/E Meeting Room
1:00 pm	Nails To Go	T/E Lobby
1:00 pm	Relax and Rejuvenate	Private Dining Room
1:00 PM	Book Group	T/E Meeting Room
2:00 pm	Yiddish Group	T/E Meeting Room
7:00 pm	Movie “Immortal Life of Henrietta Lacks”	T/E Meeting Room

Tuesday, February 13

1:00 am	Current Events	Private Dining Room
2:00 pm	Resident’s Association Party	Dining Room
2:00 pm	Knitting Group	T/O 20 th Floor Lobby
7:00 pm	Movie “Brads Status”	T/E Meeting Room

Wednesday, February 14

10:45 am	Towers Chorus	T/E Meeting Room
11:30 am	Chef’s Center Stage Waffles and a drink	T/O Dining Room
2:30 pm	Ash Wednesday/Catholic Mass	Private Dining Room
2:30 pm	Bingo	T/E Meeting Room
7:00 pm	Movie “Mark Felt – The Man Who Brought Down the Whitehouse”	T/E Meeting Room

Black History Month

Thursday, February 15

10:30 am	Art Class with Briah	T/O 20 th Floor
1:00 pm	Arthritis Exercise	T/E Meeting Room
4:00 pm	Gospel Choir	T/E Meeting Room
6:45 pm	NHSO Concert	Meet at Tower One Entrance
7:00 pm	Sydney Perry and the News	T/E Meeting Room

Friday February 16

9:30 am	Wii Sports	T/E Meeting Room
11:00 am	Chair Exercise	Private Dining Room
11:00 am	Christian Bible Study	T/E Meeting Room
1:00 pm	Create-a-Word	Private Dining Room
1:45 pm	Yoga, Balance, and Weight Training	Dining Room
2:00 pm	Tai Chi for Men	T/E Meeting Room
2:45 pm	Trivia	Private Dining Room
3:00 pm	Tai Chi for Women	T/E Meeting Room
5:30 pm	Dominoes	T/E Lobby
7:00 pm	Shabbat Services w/Ruthie Greeblatt	Towers Synagogue

Saturday, February 17

10:00 am	Shabbat Services w/Ruthie Greenblatt	Towers Synagogue
1:00 pm	Bridge Game	Dining Room
2:00 pm	Movie "The Truman Show"	T/E Meeting Room
7:00 pm	Movie "The Jackie Robinson Story:	T/E Meeting Room
7:00 pm	Bingo	Dining ROOM

Sunday, February 18

1:00 pm	Nu Haven Kapelye	Dining Room
7:00 pm	Movie "Holiday"	T/E Meeting Room

Shopping Bus Schedule & Hours

Stop & Shop – East Haven	Tuesday 10:00 am
Stop & Shop – Hamden	Thursday 10:00 am & Friday 10:00 am
Gift Shop Hours	Monday thru Friday: 1:00 – 3:30 pm
Towers Hair Salon Hours	Tuesday thru Friday: 9:00 am - 3:30 pm
Café Hours	Sun - Fri: 8:00 am – 1:30 pm; Sat: 9:00 am – 1:00 pm & 4:00 pm – 6:00 pm
Convenience Store Hours	Sun-Fri: 11:00 am - 3:30 pm; Sat: noon – 3:30 pm; & 4:00 pm – 6:00 pm
Bank Hours	Tuesdays and Thursdays: 9:00 am – 11:00 am