

Tower One/Tower East Event Calendar

March 12th – March 18th

\$4.99 Weekly Breakfast Special

Sunday – Friday 8:00 – 10:00 am Saturday 9:00 – 11:00 am
Eggs w/ choice of 1/2 Waffle or 1 Slice of French Toast,
Home Fries, & Coffee or Juice

Monday, March 12th

9:30 am	Wii Bowling	T/E Meeting Room
10:30 am	Chair Exercises	T/O Private Dining Room
11:30 am	Let It Shine	T/E Meeting Room
12:45 pm	Changing Times	T/E Meeting Room
1:00 pm	Nails to Go	T/E Lobby
1:00 pm	Relax & Rejuvenate	T/O Private Dining Room
2:00 pm	Yiddish Group	T/E Meeting Room
2:00 pm	Poetry Meeting	T/O Private Dining Room
7:00 pm	Movie “Brooklyn”	T/E Meeting Room

Tuesday, March 13th

11:00 am	Current Events	T/O Private Dining Room
1:30 pm	Holocaust Proclamation Signing with Mayor Toni Harp	T/O Dining Room
2:00 pm	Knitting Group	T/O 20 th Floor Lobby
7:00 pm	Movie “St. Vincent”	T/E Meeting Room

Wednesday, March 14th

10:45 am	Tower’s Chorus Rehearsal	T/E Meeting Room
11:30 am	Chef Center Stage: Fried Chicken Sandwich Bar	T/O Dining Room
2:30 pm	Bingo	T/E Meeting Room
7:00 pm	Jewish Film Festival Movie “Golda’s Balcony”	T/E Meeting Room

Thursday, March 15th

10:30 am	Art Class	T/O 20 th Floor
12:00 pm	Resident Association St. Patrick’s Day Party	T/O Dining Room
4:00 pm	Gospel Choir Rehearsal	T/E Meeting Room
7:00 pm	Mulkerin Irish Dancers	T/E Meeting Room

Friday, March 16th

9:30 am	Wii Bowling	T/E Meeting Room
11:00 am	Chair Exercise	T/O Private Dining Room
11:00 am	Christian Bible Study	T/E Meeting Room
1:00 pm	Create-a-Word	T/O Private Dining Room
1:45 pm	Yoga, Balance, and Weight Training	T/O Dining Room
2:00 pm	Tai Chi for Men	T/E Meeting Room
2:45 pm	Trivia	T/O Private Dining Room
3:00 pm	Tai Chi for Women	T/E Meeting Room
5:30 pm	Dominoes	T/E Lobby
7:00 pm	Shabbat Service with Ruthie Greenblatt	Towers Synagogue

Saturday, March 17th



10:00 am	Shabbat Service with Ruthie Greenblatt	Towers Synagogue
1:00 pm	Bridge Game	T/O Dining Room
2:00pm	Movie "Boyhood" Part 1	T/E Meeting Room
7:00 pm	Bingo	T/O Dining Room
7:00pm	Movie "Boyhood" Part 2	T/E Meeting Room

Sunday, March 18th

2:00 pm	Movie "Rear Window"	T/E Meeting Room
7:00 pm	Movie "Dreamer"	T/E Meeting Room

Shopping Bus Schedule & Hours

Stop & Shop – East Haven	Tuesday 10:00 am
Stop & Shop – Hamden	Thursday 10:00 am & Friday 10:00 am
Gift Shop Hours	Monday thru Friday: 1:00 – 3:30 pm
Towers Hair Salon Hours	Tuesday thru Friday: 9:00 am - 3:30 pm
Café Hours	Sun - Fri: 8:00 am – 1:30 pm; Sat: 9:00 am – 1:00 pm & 4:00 pm – 6:00 pm
Convenience Store Hours	Sun - Fri: 11:00 am – 3:30 pm; Sat: 12:00 pm – 3:30 pm & 4:00 pm – 6:00 pm
Bank Hours	Tuesdays and Thursdays: 9:00 am – 11:00 am