

# Tower One/Tower East Event Calendar

May 14<sup>th</sup> – May 20<sup>th</sup>

**\$4.99 Weekly Breakfast Special**

**Sunday – Friday 8:00 – 10:00 am Saturday 9:00 – 11:00 am**  
**Eggs w/ choice of 1/2 Waffle or 1 Slice of French Toast,**  
**Home Fries, & Coffee or Juice**

## Monday, May 14<sup>th</sup>

9:30 am	Wii Bowling	T/E Meeting Room
10:30 am	Chair Exercises	T/O Private Dining Room
11:30 am	Let It Shine	T/E Meeting Room
12:45 pm	Changing Times	T/E Meeting Room
1:00 pm	Nails to Go	T/E Lobby
1:00 pm	Relax& Rejuvenate	T/O Private Dining Room
2:00 pm	Yiddish Group	T/E Meeting Room
7:00 pm	Movie “Greatest Showman”	T/E Meeting Room

## Tuesday, May 15<sup>th</sup>

10:00 am	Coffee Klatch	T/E Meeting Room
10:30 am	Hearing Clinic	T/O Clinic
11:00 am	Dining Meeting	T/O Dining Room
11:00 am	Current Events	T/O Private Dining Room
1:00 pm	Arthritis Exercise	T/E Meeting Room
2:00 pm	Knitting Group	T/O 20 <sup>th</sup> Floor Lobby
2:00 pm	Hadassah Israel 70th Celebration	T/E Meeting Room
7:00 pm	Movie “Festival”	T/E Meeting Room

## Wednesday, May 16<sup>th</sup>

10:45 am	Tower’s Chorus Rehearsal	T/E Meeting Room
11:30 am	Chef Center Stage: Wing Bar	T/O Dining Room
12:30 pm	Catholic Mass	T/O Private Dining Room
2:30 pm	Bingo	T/E Meeting Room
7:00 pm	Dr. Isat Levy: How Decisions are Made	T/E Meeting Room

## Thursday, May 17<sup>th</sup>

10:30 am	Art Class	T/O 20 <sup>th</sup> Floor
12:00 pm	Resident Association Spring Party	T/O Dining Room
4:00 pm	Gospel Choir Rehearsal	T/E Meeting Room
7:00 pm	Sydney and the News	T/E Meeting Room

## Friday, May 18<sup>th</sup>

9:30 am	Wii Bowling	T/E Meeting Room
11:00 am	Chair Exercise	T/O Private Dining Room
11:00 am	Christian Bible Study	T/E Meeting Room
1:00 pm	Create-a-Word	T/O Private Dining Room
1:45 pm	Yoga, Balance, and Weight Training	T/O Dining Room
2:00 pm	Tai Chi for Men	T/E Meeting Room
2:45 pm	Trivia	T/O Private Dining Room
3:00 pm	Tai Chi for Women	T/E Meeting Room
5:30 pm	Dominoes	T/E Lobby
7:00 pm	Shabbat Service w/ Ruthie Greenblatt	Towers Synagogue

## Saturday, May 19<sup>th</sup>

10:00 am	Shabbat Service w/ Ruthie Greenblatt	Towers Synagogue
1:00 pm	Bridge Game	T/O Dining Room
2:00 pm	Movie “Moulin Rouge!”	T/E Meeting Room
7:00 pm	Bingo	T/O Dining Room
7:00 pm	Shavuot Services and Learning Session w/ Ruthie Greenblatt	Towers Synagogue

## Sunday, May 20<sup>th</sup>

9:30 am	Shavuot Services w/ Ruthie Greenblatt	Towers Synagogue
2:00 pm	Movie Opera “Don Carlo”	T/E Meeting Room
7:00 pm	Movie “True Grit”	T/E Meeting Room

## Shopping Bus Schedule & Hours

Stop & Shop – East Haven	Tuesday 10:00 am
Stop & Shop – Hamden	Thursday 10:00 am & Friday 10:00 am
Gift Shop Hours	Monday thru Friday: 1:00 – 3:30 pm
Towers Hair Salon Hours	Tuesday thru Friday: 9:00 am - 3:30 pm
Café Hours	Sun - Fri: 8:00 am – 1:30 pm; Sat: 9:00 am – 1:00 pm & 4:00 pm – 6:00 pm
Convenience Store Hours	Sun - Fri: 11:00 am – 3:30 pm; Sat: 12:00 pm – 3:30 pm & 4:00 pm – 6:00 pm
Bank Hours	Tuesdays and Thursdays: 9:00 am – 11:00 am