

Tower One/Tower East Event Calendar

November 19 – November 25, 2018

\$4.99 Weekly Breakfast Special

Sunday – Friday 8:00 – 10:00 am Saturday 9:00 – 11:00 am
Eggs w/ choice of 1/2 Waffle or 1 Slice of French Toast,
Home Fries, & Coffee or Juice

Monday, Nov 19

9:30 am	Wii Bowling	Meeting Room
10:30 am	Chair Exercises	Private Dining Room
11:30 am	Let It Shine	Meeting Room
1:00 pm	Book Group with Betsy Stern	Meeting Room
1:00 pm	Manicures with Jennie	T/E Lobby
1:00 pm	Relax and Rejuvenate	Private Dining Room
2:00 pm	Yiddish Group	Meeting Room
6:00 pm	Encore performance Elderplay Project	Main Dining Room

Tuesday, Nov 20

10:30 am	Seamstress	TO 1 st Floor Clinic
11:00 am	Community Chats with Gus	Meeting Room
1:00 pm	Exercise	Meeting Room
2:00 pm	Information Session for next Elderplay project	Main Dining Room
7:00 pm	Movie “Dying to Know Ram Dass”	Meeting Room

Wednesday, Nov 21

10:45 am	Tower’s Chorus Rehearsal	Meeting Room
11:30pm	Chef Center Stage- Wings	Towers Cafe
1:00 pm	Memoir Writing	Tower One 20 th floor
2:30 pm	Bingo	Meeting Room
3:30 pm	Plarning- Learn and Help	T/E Lobby
7:00 pm	Movie “I am JFK Jr.”	Meeting Room

Thursday, Nov 22- Happy Thanksgiving

12:00 pm	Early Dinner	Main Dining Room
7:00 pm	Movie “Alice’s Restaurant”	Meeting Room

Friday, Nov 23

9:30 am	Wii Bowling	Meeting Room
11:00 am	Chair Exercises	Private Dining Room
11:00 am	Christian Bible Study	Meeting Room
12:45 pm	Gospel Choir Rehearsal	Meeting Room
1:00pm	Create a Word	Private Dining Room
1:45 pm	Yoga, Balance and Weight Training	Main Dining Room
2:00 pm	Tai Chi for Men	Meeting Room
2:45 pm	Trivia	Private Dining Room
3:00 pm	Tai Chi for Women	Meeting Room
5:30 pm	Dominoes	T/E Lobby
7:00 pm	Shabbat Service with Ruthie Greenblatt	Meeting Room

Saturday, Nov 24

10:00 am	Shabbat Service with Ruthie Greenblatt	Meeting Room
1:00 pm	Bridge Game	Dining Room
2:00 pm	Movie "Evita"	Meeting Room
7:00 pm	Bingo	Dining Room
7:00 pm	Movie "Guys and Dolls"	Meeting Room

Sunday, Nov 25

2:00 pm	Movie "Who gets to call it Art?"	Meeting Room
7:00 pm	Movie and Review with Jim Brochin featuring "The Visitor"	Meeting Room

Shopping Bus Schedule & Hours

Stop & Shop – East Haven	Tuesday 10:00 am
Stop & Shop – Hamden	Thursday 10:00 am & Friday 10:00 am
Gift Shop Hours	Monday thru Friday: 1:00 – 3:30 pm
Towers Hair Salon Hours	Tuesday thru Friday: 9:00 am - 3:30 pm
Café Hours	Sun - Fri: 8:00 am – 1:30 pm; Sat: 9:00 am – 1:00 pm & 4:00 pm – 6:00 pm
Convenience Store Hours	Sun - Thurs: 11:00 am – 3:30 pm; Friday: 11: am – 5:00 pm
Bank Hours	Tuesdays and Thursdays: 9:00 am – 11:00 am