

The Towers Event Calendar

Week of January 7th-13th
\$4.99 Weekly Breakfast Special

Monday, January 7

9:30 am	Wii Bowling	TE Meeting Room
10:30 am	Chair Exercise	Private Dining Room
11:30 am	Let It Shine	TE Meeting Room
1:00 pm	Relax & Rejuvenate	Private Dining Room
1:00 pm	Book Club with Betsy	TE Meeting Room
1:00 pm	Manicures with Jennie	TE Lobby
2:00 pm	Yiddish Group	TE Meeting Room
2:00 pm	Poetry Meeting	Private Dining Room
3:15pm	Rivka Talks- "Prophets & Kings in Biblical Times"	TE Meeting Room
4:00 pm	Monthly Drug Collection	TE Lobby
7:00 pm	Movie- 1963 "Donovan's Reef"	TE Meeting Room

Tuesday, January 8

10:00am	Chair Massage with Leo	TE Lobby
10:00 am	Coffee Klatch	TE Meeting Room
10:30 am	Hearing Clinic	TO 1 st Floor Clinic
1:00 pm	Healthy & Fit	TE Meeting Room
3:00 pm	*New Group- Hands On Percussion with Ian	TE Meeting Room
7:00 pm	Movie- 1963 "The Cardinal"	TE Meeting Room

Wednesday, January 9

10:45 am	Towers Chorus Rehearsal	TE Meeting Room
11:30 am	Chef's Center Stage- Burgers	Cafe
1:00 pm	*New Group- Knitting & Crochet	TE Lobby
1:00 pm	Blood Pressure Clinic	TE Meeting Room
2:30 pm	Bingo	TE Meeting Room
3:30 pm	Planning Project	TE Lobby
7:00 pm	Movie- 1979 "The Frisco Kid"	TE Meeting Room

Thursday, January 10

10:30 am	Art Class with Briah	TO 20 th Floor Lobby
10:30 am	Out Trip-Branford Lunch & Movie	RSVP x280 by 1/9 at 12
1:00 pm	Healthy and Fit	TE Meeting Room
2:00 pm	Walk and Talk with Pat	Dining Room
2:30 pm	Memorial Service	TE Meeting Room

7:00 pm	Movie- 1969 "Butch Cassidy & the Sundance Kid"	TE Meeting Room
	Friday, January 11	
9:30 am	Wii Bowling	TE Meeting Room
11:00am	Chair Exercise	Private Dining Room
11:00am	Christian Bible Study	TE Meeting Room
12:45pm	Gospel Choir Rehearsal	TE Meeting Room
1:00 pm	Create-a-Word	Private Dining Room
1:45 pm	Yoga with Debbie	Dining Room
2:45 pm	Trivia	Private Dining Room
5:30 pm	Dominoes	TE Lobby
7:00 pm	Shabbat Services with Sarah	Towers Synagogue
	Saturday, January 12	
10:00 am	Shabbat Service with Sarah	Towers Synagogue
12:00 pm	Kiddush	Towers Synagogue
1:00 pm	Bridge	Dining Room
2:00 pm	Movie- "Jackie"	TE Meeting Room
7:00 pm	Movie- "Manchester by the Sea"	TE Meeting Room
7:00 pm	Bingo	Dining Room
	Sunday January, 13	
12:00pm	The Music of Hall Grossgold	Dining Room
1:30 pm	Piano by Ben	TO Lobby
2:00 pm	Movie- "Runaway Jury"	TE Meeting Room
7:00 pm	Movie & Discussion with Jim "Ordinary People"	TE Meeting Room
	Shopping Bus Schedule & Hours	
Stop & Shop East Haven	Tuesday 10:00 am	
Stop & Shop Hamden	Thursday & Friday 10:00am	
Gift Shop Hours	Monday-Friday: 1:00pm – 3:30pm	
Towers Hair Salon Hours	Tuesday - Friday: 9:00am- 3:30pm	
Café Hours	Sun - Fri: 8:00am – 1:30pm;	Sat: 9:00am-1pm & 4-6pm
Convenience Store Hours	Sun - Thur: 11:00am – 3:30pm; Friday: 11am – 5:00pm	
Bank Hours	Tuesday & Thursday: 9:00–11:00am	