

The Towers Weekly Event Calendar

Week of May 13th- May 19th

“Your mind is a garden. Your thoughts are the seeds. You can grow flowers or you can grow weeds”

Monday, May 13

9:30 am	Wii Sports	TE Meeting Room
10:30 am	Chair Exercise	Private Dining Room
1:00 pm	Manicures by Jennie	TE Lobby
2:00 pm	Yiddish Group	TE Meeting Room
7:00 pm	ElderPlay Performance	Dining Room

Tuesday, May 14

10:00 am	Coffee Klatch	TE Meeting Room
11:00 am	Mah Jong Group	20 th Floor Lobby
11:00 am	Community Chat with Gus	Dining Room
1:00 pm	Healthy & Fit Exercise	TE Meeting Room
3:00 pm	Hands On Percussion	TE Meeting Room
7:00 pm	Movie- “The Outsiders”	TE Meeting Room

Wednesday, May 15

10:30 am	Hearing Clinic	Tower One Unit 1502
10:45 am	Towers Chorus Rehearsal	TE Meeting Room
1:00 pm	Knitting and Crochet	TE Lobby
2:30 pm	Bingo	TE Meeting Room
7:00 pm	Movie- “Animal House”	TE Meeting Room

Thursday, May 16

10:30 am	Art Class with Briah	TO 20 th Floor
11:00 am	A Discussion with Mayoral Candidate Justin Elicker	Dining Room
1:00 pm	Healthy & Fit Exercise	TE Meeting Room
2:00 pm	Adult Coloring	TE Lobby
7:00 pm	Movie- 1948 “Anna Karenina”	TE Meeting Room

Friday, May 17

11:00 am	Chair Exercise	Private Dining Room
11:00 am	Christian Bible Study	TE Meeting Room
11:00 am	Chair Exercise	Private Dining Room
12:45 pm	Gospel Choir Rehearsal	TE Meeting Room
1:00 pm	Create-a-Word	Private Dining Room
2:45 pm	Trivia	Private Dining Room

3:00 pm	Tai Chi with David	TE Meeting Room
5:30 pm	Dominoes Game	TE Lobby
7:00 pm	Shabbat Services with Ruthie	Towers Synagogue
	Saturday, May 18	
9:45 am	Shabbat Services with Ruthie	Towers Synagogue
12:00 pm	Kiddush	Private Dining Room
3:00 pm	Performance by Sound Affect International	TE Meeting Room
3:00 pm	Scrabble Game	TE Lobby
6:30 pm	Bingo	Dining Room
7:00 pm	Movie- "If Beale Street Could Talk"	TE Meeting Room
	Sunday, May 19	
11:00 am	Tech Help!- Computer Chats with Calum	TE Lobby
1:30 pm	Piano by Ben	TO Lobby
2:00 pm	Movie- "Robinhood"	TE Meeting Room
7:00 pm	Z'Mirah Chorale Performance	TE Meeting Room
	Shopping Bus Schedule & Hours	
Stop n Shop East Haven	Tuesdays 10am	
Stop n Shop Hamden	Thursdays & Fridays 10am	
Gift Shop Hours	Monday - Friday: 1pm – 3pm	
Towers Hair Salon Hours	Tuesday - Friday: 9am- 3:30pm	
Café Hours	Sun - Fri: 8am – 1:30pm; Sat 9a-1pm & 4-6pm	
Convenience	Mon - Thur: 11am – 3:30pm; Fri- 11am-5pm	Closed Sat and Sun
Bank Hours	Tues and Thurs – 9am-11am	