

# The Towers Weekly Events Calendar

## Week of September 9th- September 15th

**“Do not go where the path may lead, go instead where there is no path and leave a trail”-Ralph Waldo Emerson**

### Monday, September 9

10:30 am	Chair Exercise	Private Dining Room
10:30 am	Seamstress	TO 1 <sup>st</sup> Floor Clinic
12:45 pm	Changing Times with Betsy Stern	TE Meeting Room
1:00 pm	Manicures with Jennie	TE Lobby
2:00 pm	Yiddish Group	TE Meeting Room
7:00 pm	Movie- “The Aftermath”	TE Meeting Room

### Tuesday, September 10

11:00 am	Dining Services Meeting	Dining Room
11:00 am	Mah Jong Group	TO 11 <sup>th</sup> Floor Lobby
1:00 pm	Healthy & Fit Exercise	TE Meeting Room
3:00 pm	Card Games with our New Volunteer Bryan	TE Lobby
3:30 pm	A Discussion With Rabbi Ben Scolnic	TE Meeting Room
7:00 pm	Musical Performance With Charles “Piano Man” Thomas	TE Meeting Room

### Wednesday, September 11

10:45 am	Towers Chorus Rehearsal	TE Meeting Room
1:00 pm	Monthly Blood Pressure Clinic	TE Meeting Room
1:00 pm	Stay Balanced- Fall Prevention	Private Dining Room
1:00 pm	Knitting and Crochet	TE Lobby
2:00 pm	Bingo	TE Meeting Room
7:00 pm	Movie- “The Sun is Also a Star”	TE Meeting Room

### Thursday, September 12

10:30 am	Art Class with Bria	TO 20 <sup>th</sup> Floor
1:00 pm	Healthy & Fit Exercise	TE Meeting Room
2:00 pm	Adult Coloring Group	TE Lobby
2:30 pm	Towers Memorial Service Lead by Sarah Moskowitz	TE Meeting Room
7:00 pm	Musical Performance With David Chevan and Bassology	TE Meeting Room

### Friday, September 13

11:00 am	Chair Exercise	Private Dining Room
11:00 am	Christian Bible Study	TE Meeting Room

12:45 pm	Gospel Choir Rehearsal	TE Meeting Room
1:00 pm	Create-a-Word	Private Dining Room
2:00 pm	Tai Chi with David	TE Meeting Room
2:45 pm	Trivia	Private Dining Room
5:30 pm	Dominoes Game	TE Lobby
7:00 pm	Shabbat Services with Sarah	TE Meeting Room

### Saturday, September 14

10:00 am	Shabbat Services with Sarah	TE Meeting Room
2:00 pm	Movie- "Jane"	TE Meeting Room
6:30 pm	Bingo	Dining Room
7:00 pm	Movie- "Apollo 11"	TE Meeting Room

### Sunday, September 15

12:30 pm	Classical Guitar Performance From Local Musician Max Steinhoff	Dining Room
1:30 pm	Piano with Ben Bailis	TO Lobby
2:00 pm	Movie- "Human Flow"	
7:00 pm	Movie- "Aida's Secrets"	TE Meeting Room

### Shopping Bus Schedule & Hours

Stop n Shop East Haven	Tuesdays 10am	
Stop n Shop Hamden	Thursdays & Fridays 10am	
Gift Shop	Monday - Friday: 1pm – 3pm	
Salon Hours	Tuesday - Friday: 9am- 3:30pm	
Café Hours	Sun - Fri: 8am – 1:30pm; Sat 9a-1pm & 4-6pm	
Convenience Store	Mon - Thur: 11am – 3:30pm; Fri- 11am-5pm	Closed Sat and Sun
Bank Hours	Tues and Thurs – 9am-11am	